



Linking Systems of Care Coordinator Toolkit My Facilitation Stance

Set your intentions for how you will bring yourself to a meeting as a facilitator, at your best.

- What values do you hold that you want to rely on?
- What characteristics come naturally to you that you want to bring with you?

What other qualities do you acknowledge... and want to balance in other ways?

- Is there someone whose stance in meetings you admire? If you could emulate something they do or some way they are, what would you add to your natural strengths?

Sit with your responses and daydream your intended stance. You may come up with a short list of key thoughts; a line from a poem or a song lyric that speaks to you; an image, photograph or drawing that captures the essence for you; or a gesture or movement that embodies your intent. Make an image you can carry with you as a tangible reminder of how you want to be as a facilitator.